

**To Do:**



REPEAT!

**NEW SKILL:**

1. Learn
2. Learn
3. Learn
4. Learn
5. Learn
6. Learn
7. Learn
8. Learn
9. Learn
10. Learn

**1 Thing to Limit:**

1.

2.

3.

4.

5.

6.

IF GO OVER LIMIT DO 1 Thing you don’t like

“Put Inspo Here!”

\_\_\_\_\_\_’s Quarantine Guide:

***DON'T MOVE ONTO NEXT NUMBER UNTIL COMPLETED PRIOR***