

Brainstorm ideas that can help me reach my vision:

- Surrounding Environment

- Disinfect and clean for a hygienic environment
- organize belongings/tidy up
- redecorate my room or other rooms
- make a photo collage and hang up photos on my wall in the new photo frame I got
- distinguish and separate my work environment from my relaxation environment
- establish a system with my family to ensure a quiet environment when I need it
- organize closets and wardrobe
- Light a candle
- Keep flowers in my room
- Rotate room decor weekly or biweekly
- Experiment with new scents in my room/house
- Open the windows
- Let the light inside the house
- Try working at other desks/tables in the house
- Work in the same room/nearby other family member who is also working
- Working while on facetime (muted or unmuted) with friend for some company

- Connecting with others

- Spending quality time with family on weekends/after work
- Facetime friends regularly
- Facetime/sync screen dates
- Keep up with events happening in other people's lives (birthdays, etc) to celebrate those distantly
- Group facetime
- Engaging with community service or donation groups online

- Connecting with my family overseas and in different states
 - Sending kind letters or notes to friends (I have this set of inspiration cards)
 - Cook or bake something new with family
 - Play games, watch movies with families
- Personal Health and Self-care
- Continue working on my happiness journal
 - Get physically active by doing home workouts
 - Workout with my mom at home
 - Do online yoga and workout classes at the online studio
 - Talk with friends about feelings and communicate
 - Start a journal or blog
 - Go on walks
 - Listen to an audiobook
 - Try meditation on the headspace app
 - Read books or start a new book series
 - Set a "reading for fun" goal with books to read
 - Start watching a new tv series or movies
 - Try a new skincare product or soap
 - Donate clothing and do a closet clearout
 - Try new clothes out or a new style
 - Go outside every day, at least for a little and walk around
 - Take care of hair and skin
 - Grow out my hair
 - Take vitamins
- Learning
- Do an online course to learn something else
 - Take more courses than assigned on Wall Street Prep
 - Follow some online bloggers and learn from them
 - Research for plans I want to do this summer for after this social distancing

- Learn a new skill or practice it (painting, using adobe)
 - Learn something from my sister
 - Keep up with assigned pre-work for summer internship
 - Reach out to alumni and learn from them
 - Stay in contact with my senior mentor
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- Use of technology
 - Sync up screens with friends to have movie nights together
 - Being mindful of how time I spend looking at screens
 - Use laptop as planner
 - Stay up to date with online classes
 - Facetime
 - Use laptop to access webinars
 - Use laptop to read ebooks
 - Get access to news
 - Make more concept boards using adobe
 - Organize photo album on laptop

I highlighted instead of circled 5 of these ideas that seem like they would be most impactful to helping you achieve the vision you created with your concept board.